

Errica Moustaki

Overview

Errica is an experienced executive coach and organisational consultant. Her coaching is underpinned by a comprehensive academic background spanning clinical psychology through to adult psychotherapy. This is complemented by more than 20 years in leadership development working with senior executives and board members both in the UK and Internationally. Errica coaches executives on a broad spectrum of areas: leadership development and transition; team building; organisational change; emotional issues at work; and handling difficult employees.

She specialises in helping clients identify the often complex interrelationships between the various situational contexts they find themselves in – career, organisational, life, family and so on. Through raising awareness of the impact of these contexts, Errica enables her clients to better understand the aspects of their associated behaviours that serve and support them, as well as those that may be undermining or limiting their progress. This awareness paves the way for profound and meaningful change to take place, releasing her clients to fulfil more of their unique potential.

Coaching Examples

- Coached an executive of international business to reverse the process of redundancy and turn it around to achieving promotion to a new position with greater responsibilities in the same company within two months
- Coached a senior partner in one of the four big accountancy firms to redesign her work/life balance, achieve greater job satisfaction and at the same time increase her impact leading to her firm to develop new markets and business opportunities
- Coached, separately, three senior HR executives in one of the four big accountancy firms to release their potential, redefine their area of specialism and achieve promotion to director level within six months
- In a NHS hospital, she helped repair the broken down relationship between the psychology department and the Hospital's CEO by coaching the psychologist team and CEO in parallel
- Coached a senior executive in a large financial services organisation to understand that his personal issue of debilitating work stress was an indication of wider organisational difficulties, leading him to re-position himself and successfully present the wider issue to the CEO, and subsequently to initiating and facilitating the necessary organisational change

Business Background

Errica has over 20 years experience after her postgraduate specialist training at the Tavistock Centre where she later became head of the Tavistock Career and Educational Consultation service. She designed and launched its coaching service in 1998. She is a visiting tutor and supervisor at the Tavistock Centre and lectures in the MA course 'Consulting to Organisations'. She also provides bespoke training workshops for senior OD consultants and management executives, and is a staff member for residential conferences on leadership development.

Qualifications

- BA first class Psychology
- MA Clinical Psychology
- Tavistock Clinic postgraduate specialist qualification in Adult Psychotherapy
- Group relations (Harold Bridger programme)
- Meyler Campbell Business Coach
- Myers Briggs MBTI[®] certification
- Languages: English, Greek, Hebrew and French
- Continuing professional development programmes, including coaching supervision

Other Information

Errica enjoys her family life and children, loves travelling and meeting her friends from all over the world. She loves the arts, takes classes in three dimensional design and sculpture. She enjoys reading, especially biographies, novels and popular science.