

Gareth Rees

Overview

Gareth is a business coach and consultant with a particular expertise in supporting leaders as they make the transition to new roles which require different skills. An experienced CEO and consultant in large-scale organisational change, Gareth is well placed to help executives confronted with the loneliness of leadership and the relentless demands for performance. He helps his clients to understand how their behaviour influences their performance, and the perception others in their organisation have of them. He also uses conceptual models to help his clients understand the new tasks and roles required of them. He acts as a sounding board, challenger and supporter to clients as they set about making the changes happen.

Coaching Examples

- Coached a London practice head of an international law firm in making a style transition, moving from breadwinner to developmental team leader and practice integrator
- In a global natural resource company coached a senior executive through the stakeholder management lessons to be learned from a troublesome global project, supporting him as he began applying the changes
- Coached the CEO of a large educational charity through a review of strategy and governance and an adjustment of the role he was playing
- Supported the Managing Director of a passenger and freight transport company through his transition from Finance Director, helping him to conceptualise the role, and begin adopting new leadership behaviours
- Worked with the Director of Corporate Services of an acute NHS Trust to improve his delegation and time management

Business Background

- As Chief Executive of Kinsley Lord, the UK's leading change management consultancy in the 1990s, Gareth led the organisation through its merger with Towers Perrin, beating the financial performance targets laid down by the acquirer
- As UK Managing Director of Towers Perrin he successfully re-aligned the multi-practice firm to face the market in a more uniform and client friendly way and, as a result, strongly developed its reputation and performance among its key clients
- As a consultant he used his general management and strategy consulting experience to support large organisations in both private and public sectors through large scale change
- Ten years commercial experience as an accountant, international sales manager and sales director in the chemical and engineering industries

Qualifications

- BSc(Eng) in chemical engineering from UCL
- Accounting qualification (ACMA) from CIMA
- Fellow of the Institute of Management Consultancy
- Fellow of the Royal Society for Arts and Commerce (RSA)
- Meyler Campbell Business Coach
- Myers Briggs MBTI® certification
- Continuing professional development programmes, including coaching supervision

Other Information

Gareth is married with three grown up children and lives in Kent. He is continuously balancing his portfolio of coaching and charity work with the demands of a large garden and a futile desire to play to his golf handicap.