

## **Ann Orton**

### ***Overview***

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Ann is an executive coach with a business consultancy background in strategy, change management and process thinking. She specialises in coaching teams for strategic clarity and continuing business success, and individuals for development, leadership transitions, and managing change. Ann helps clients to recognise their strengths and capabilities, gain insights and make valuable, lasting changes. She provides a safe, thoughtful but challenging space where people 'turn the key to open the door' – a chance to understand, recognise and be more themselves by implementing small internal changes that yield disproportionate results in the outside world.

Ann has 20+ years consulting at senior levels in companies across the range of business sector, business life cycle and market reach. She has extensive experience in international, cross-cultural settings and in science-based and technical environments.

### ***Coaching Examples***

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- As part of a team effectiveness project in a financial services organisation, Ann coached the CEO and a senior director, supporting changes agreed within the senior team and accelerating their own leadership capabilities
- In an FTSE 100 company, Ann coached two divisional board members and a functional head as part of a strengths-based leadership programme, with improved deployment of strengths, greater job satisfaction and better business performance
- In a prominent law firm Ann coached a newly recruited partner rebuilding a practice, helping increase his confidence, focus, and ability to build and develop a young team
- In an entrepreneurial consulting organisation Ann coached the founder / CEO, supporting a clear strategy and business focus, more effective use of personal time, and greater team satisfaction
- In a Fortune 50 pharmaceutical company, Ann supported transitioning leaders throughout Europe who were moving into new positions across business, cultural and country boundaries, helping them to accelerate business performance and integrate into the new role

### ***Business Background***

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- Principal, client relationship manager, strategy consultant and product designer with international thinking-process experts Kepner-Tregoe, in USA and Europe, working with international FTSE / Dow companies
- More than 100 strategy assignments with major companies facing business challenges or involved in mergers, acquisitions and joint ventures
- Non-executive director of start-up bioinformatics company Momentum Healthcare Limited

### ***Qualifications***

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- BSc First Class Honours in Physics, Sussex University
- Postgraduate Certificate of Education, Leicester University
- Meyler Campbell Business Coach, accredited by WABC
- Myers Briggs MBTI<sup>®</sup> and Insights<sup>®</sup> certification; Mindfulness for Coaches
- Faculty member for Meyler Campbell Business Coach Programme
- British Psychological Society – member of Special Group in Coaching Psychology
- Continuing professional development programmes, including coaching supervision

### ***Other Information***

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Ann enjoys another life in the arts, actively involved in opera, theatre, music, fine arts and literature. She is Chair of the trustee board of New London Children's Choir, and previously of Shared Experience Theatre. She likes to keep healthy, and has completed charity treks in the Anti-Atlas Mountains of Morocco and the Kenyan Rift Valley, but is more usually found at yoga, Pilates or walking in Richmond Park. She is an inveterate traveller and is ticking off her list of 'must-visit' places.