

## **Ann Orton**

### ***Overview***

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Ann is an executive coach and a business consultant, with a background in strategy, change management and process thinking. She helps clients to recognise their own strengths and capabilities, gain insights and make small internal changes that yield disproportionate results in the outside world. She provides a safe, thoughtful but challenging space where people 'turn the key to open the door' – a chance to understand, recognise and be more themselves. Ann specialises in coaching for development, leadership transitions, and business change. She also coaches teams for strategic clarity and continuing business success.

Ann has 20+ years of experience at senior levels in companies across the range of business sector, business life cycle and market reach. She has extensive experience in international, cross-cultural settings and in science-based and technical environments. She brings that experience to *pro-bono* work through Arts & Business.

### ***Coaching Examples***

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- In a Fortune 50 pharmaceutical company, Ann supported transitioning leaders throughout Europe who were moving into new positions across business, cultural and country boundaries, helping them to accelerate business performance and integrate into the new role
- In an FTSE 100 company, Ann coached two divisional board members and a functional head as part of a strengths-based leadership programme, with improved deployment of strengths, greater job satisfaction and better business performance
- In a prominent law firm Ann coached a newly recruited partner rebuilding a practice, helping increase his confidence, focus, and ability to build and develop a young team
- In an entrepreneurial consulting organisation Ann coached the founder and CEO, supporting a clear strategy and business focus, more effective use of personal time, and greater satisfaction
- In a major media organisation Ann supported a newly appointed board member, with resulting business success and improved relationships with colleagues and team

### ***Business Background***

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- Principal, international client relationship manager, strategy consultant and product designer with international thinking-process experts Kepner-Tregoe, in USA and Europe, working with international FTSE / Dow companies
- More than 100 strategy assignments with major companies facing business challenges or involved in mergers, acquisitions and joint ventures
- Non-executive director of start-up bioinformatics company Momentum Healthcare Limited

### ***Qualifications***

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- BSc First Class Honours in Physics, Sussex University
- Postgraduate Certificate of Education, Leicester University
- Meyler Campbell Business Coach, accredited by WABC
- Myers Briggs MBTI® and Insights® certification; Mindfulness for Coaches
- Faculty member for Meyler Campbell Business Coach Programme
- British Psychological Society – member of Special Group in Coaching Psychology
- Continuing professional development programmes, including coaching supervision

### ***Other Information***

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Ann enjoys another life in the arts, actively involved in opera, theatre, music, fine arts and literature. She is Chair of the trustee board of New London Children's Choir, and previously of Shared Experience Theatre. She likes to keep healthy, and has completed charity treks in the Anti-Atlas Mountains of Morocco and the Kenyan Rift Valley, but is more usually found at yoga, Pilates or walking in Richmond Park. She is an inveterate traveller and is ticking off her list of 'must-visit' places.